



Dear Supporter,

As spring comes into bloom, there are children in Winchester crammed into tiny flats unable to get outside. Their mum is isolated, struggling with broken relationships and poor mental health.

On the other side of Winchester, happy voices ring out as seven toddlers explore our 'secret garden' whilst their mums get much needed support from group counselling. These mums have made the brave step to leave the flat to get help, and we will walk alongside them and help them get back on their feet.

But the real hero in this story is you. Without you giving your time or money or support, we would not exist to be able to help these families. So, thank you. Thank you for being a part of their story and helping us ensure more children can come and play in our garden or benefit from time spent with their adult befriender.

**"I really like having Sharon as my befriender, she's a keeper!"
Rosie - a child from our 5s to 13s Befriending service**

New initiatives

As we look ahead, demand for our services today is greater than ever and the funding landscape continues to be tough for small charities such as ours. We are pleased to share with you two new funding initiatives we've been working on to help us sustain our services into the future.

Become a Friend

Friends support our work with regular donations, helping us to keep costs down and plan ahead. This enables us to keep trust with our families – we can be confident we will be here when they need us and confident that many more little ones can enjoy the peace of our garden.

If you feel able to give a small donation each month, or if you know someone or a local business who could, please head to our website to find out about becoming a Friend. [Read more here.](#)



Winchester's first Legacy Action Week: 7 to 13 April

We are delighted to be one of eight local charities behind the very first Legacy Action Week. It's a time for charities like ours to come together to remind people that we are equally as deserving as the larger, more well-known institutions. So, if you're thinking of leaving a gift in your will to a good cause, you've reached the right place. Come along to one of the events taking place in town or give Jo, FOTF Operations Director, a call to find out more. [Read more here.](#)

LEGACY ACTION WEEK 

Let's be remembered for good

As always thank you for your support, we couldn't do it without you!

With best wishes

Jo and the team at Friends of the Family

Could you ^abe friend
to a local child?

Could you give the gift of friendship
or do you know someone who could?
Find out more about volunteering in both our services



01962 864466
16 Colebrook Street, Winchester SO23 9LH
contactus@fotfwinchester.org
www.fotfwinchester.org
Charity Commission Number 1143462
Company Number 7577875