

**Respond** to a child or adult who discloses abuse:

- Ensure the child or adult is not in immediate danger
- Listen carefully to what they're saying without interruption
- ❖ Use 'TED' Tell, Explain, Describe
- Do not probe or ask leading questions
- Let them know they've done the right thing by telling you
- Say you'll take them seriously
- Do not promise to keep secrets explain you need to tell someone who can help
- Do not confront the alleged abuser
- Explain what you'll do next
- Report what the child or adult has told you as soon as possible

Record what the child/adult has told you, using their actual words spoken than an interpretation of what was said as much as possible. Specific facts relating to the named people, dates, places etc. should be recorded accurately along with any details of the injuries, including where they are and what they looked like. Do not speculate or jump to conclusions.

## What stops a person disclosing abuse?

People, especially children, often don't tell others about abuse because they are frightened about what may happen to them, they feel they may not be believed or they think it is their fault. They may not be aware that what they are experiencing is abuse. Although they want the abuse to stop, they may care about the abuser and are worried about them being punished.

Adults who are aware of abuse happening may also not report concerns, because they are worried about consequences or that they might have got it wrong.

## Where to get more information or support

Organisation	Contact	Opening Hours
Friends of the Family	contactus@fotfwinchester.org	Mon - Thu
Please contact us if you have	01962 864466	
any concerns or questions		
regarding our safeguarding		
policy or procedures		
the control of the control	2200 555 4204	0.20
Hampshire Children's Services	0300 555 1384	8.30am – 5pm, Mon-Thu 8.30am – 4pm, Friday
Services		8.30am – 4pm, may
	0300 555 1373	Out of hours
	childrens.services@hants.gov.uk	
NSPCC Helpline	0808 800 5000	Free helpline
	Cuidanas on kooning shildren	24 hours a day, 7 days a week
	Guidance on keeping children safe	
	Sale	
	Support for parents	
Childline	0800 1111	Free helpline for children
		24 hours a day, 7 days a week
Family Lives (previously	0808 800 2222	Free phone service
Parentline)	askus@familylives.org.uk	9am – 9pm, Mon-Fri
For confidential advice on	www.familylives.org.uk	10am – 3pm, Sat/Sun
any aspect of parenting and family life		
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Hampshire Adult Services	0300 555 1386	8.30am – 5pm, Monday
		9.30am – 5pm, Tue-Thu
		8.30am – 4.30pm, Friday
	0200 555 4272	
	0300 555 1373	Out of hours
Rape Crisis	0808 500 2222	Free helpline
For adults and children aged		24 hours a day, 7 days a week
16-18 who have experienced	www.rapecrisis.org.uk/get-	, ,
any type of sexual violence	help/	Webchat also available
NAPAC	0808 801 0331	Free helpline for adult
National Association for		survivors of child abuse
People Abused in Childhood	www.napac.org.uk	
		10am – 9pm, Mon-Thu
If you think a child an adult was	us ha in immediate dancer, call 200	10am – 6pm, Friday
If you think a child or adult may be in immediate danger, call <b>999</b>		